# Friday, February 3, 2023

### Marsh by Moonlight: Snowshoe Series

Date and Time: Friday, February 3 5:30 pm - 7:30 pm

Address: Wye Marsh Wildlife Centre, 16160 Highway 12 East, Midland ON

Experience the sights and sounds that snowshoeing along our moonlit trails provides!

After learning about the Marsh at night through hoots, chatter, coos, yips and howls relax by the fire and enjoy a roasted snack and a warm drink. Space is very limited as we like to keep group sizes small to ensure the best po ssibility for wildlife encounters!

- ~ Where: Wye Marsh Wildlife Centre
- ~ When: January 20, 21, 27, 28 + February 3, 4, 2023 5:30pm-7:30pm
- ~ How much: \$75.00 per participant
- ~ Price includes snowshoe rental, and a small gift to hold as a memory of the night!
- $\sim$  Who: Participants aged 12 +. Please leave your pets at home for this experience.

Pre-registration using the link at https://www.wyemarsh.com/Marsh-by-Moonlight-Snowshoe

Cancellations can be made with 48 hours notice. Please call us at 705-526-7809 if you need to cancel or re-sc hedule your experience.

Please ensure you are selecting the correct date you wish to attend, based on availability, we may not be able to switch dates after purchase for you.

# Saturday, February 4, 2023

### Marsh by Moonlight: Snowshoe Series

Date and Time: Saturday, February 4 5:30 pm - 7:30 pm

Address: Wye Marsh Wildlife Centre, 16160 Highway 12 East, Midland ON

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# Thursday, February 16, 2023

## **Our Health-"Caution: Negative News and Our Health"**

Date and Time: Thursday, February 16 7:30 pm - 9:00 pm

Address: 729 Portage Park Lane, Midland, Ontario

The relentless barrage of negative news, which has dramatically increased in recent years, has an impact on our t hinking, behaviour and emotions. Trying to strike a balance between being informed by news media and not bec oming overwhelmed is a daily challenge. Whether exposed actively or unintentionally, a constant consumption of negative news can elevate a person's stress level and trigger symptoms like anxiety, anger, discouragement an d even sleeping disorders.

Our panel of experts from the fields of mental health care, communications and media will talk about how head lines and reports can affect our mental and physical health. they will share insight and tips on the ways we can c hoose to balance and filter what we see, hear and read on TV, radio, in print, on social media and other online pl atforms. We will be reminded there is still lots of positive and uplifting news available: there will be suggestion s on how to access it, and we will explore ways to achieve a positive and optimistic outlook on life.

"Caution: Negative News and Our Health" will be held in person at the Midland Cultural Centre with <u>free regis</u> <u>tration</u> and will also be broadcast on Rogers TV throughout Simcoe County and <u>online</u> at 7:30 pm on Thursday , February 16, 2023. Email your advanced questions to: mcc\_ourhealth@outlook.com

# Saturday, February 18, 2023

#### Winterama Craft Show

Date and Time: Saturday, February 18 10:00 am - 3:00 pm

Address: 13 Burke Street, Penetanguishene, ON L9M 1C1

Come visit the Penetanguishene Centennial Museum & Archives on Saturday, February 18th for our Winteram a Craft Show. Over 20 vendors will be inside the Museum selling their creations. Outside on the property, volu nteers from the Friends of the Museum will be selling their famous Pea Soup & Chili in the Replica Fire Hall, Crokicurl will be on the grounds and hot fudge brownies will be sold out of the concession stand. Event will ta ke place during the Town of Penetanguishene's Winterama event, the longest running Winter Carnival in Ontari o.

### Friends of the Museum Pea Soup & Chili Sale

Date and Time: Saturday, February 18 11:00 am - 2:00 pm

Address: 13 Burke Street, Penetanguishene, ON L9M 1C1

Join the Friends of the Museum on February 18th for their annual Winterama Pea Soup & Chili Sale inside the Replica Fire Hall at the Penetanguishene Centennial Museum & Archives. Hot refreshments will also be served on the day between 11 a.m. to 2 p.m

## **Mid-Winter Social: Experience Winter**

Date and Time: Saturday, February 18 11:00 am - 4:00 pm

Address: 93 Jury Drive, Penetanguishene, ON

About the Mid-Winter Social

Discovery Harbour kicks off their 50th anniversary celebrations by welcoming visitors to the historic site in tan dem with the Town of Penetanguishene at their 75th Annual Winterama on February 18-20, 2023 from 11:00 a .m. - 4:00 p.m. daily. Last Admission at 3pm

All the Activities!

- Jump on the tractor-pulled wagon ride
- Strap on snowshoes and stomp along the snowshoeing track\*
- Feel the wind in your hair on the kids' snow tubing run\*
- Explore historic Keating House and sample apple cider & shortbread cookies
- Warm up in Garrison Hall with hot chocolate and a variety of snacks
- Visit local artisans and vendors in Garrison Hall Roast bannock over a roaring open fire
- Watch a black-powder musket firing demonstration
- Enjoy guided tours of the original establishment's Officers' Quarters

- Explore the H.M.S. Tecumseth Centre and check out the real Tecumseth shipwreck and other museum displays
- Live musicians will sing your favourite songs on the outdoor stage
- Say hello to costumed characters from Paw Patrol, Frozen, The Minions and more!

- Try to escape the Brig in our Escape Room Experience (additional charge) \*Some activities are weather depen dent\*

Good to Know:

- Service animals only will be permitted at this special event
- The event will run in most types of weather (sun, rain, snow, ice)
- -The event will take part almost entirely outdoors, please dress for conditions

#### MORE INFORMATION

General Admission \$8.00/person Kids 5 and under are free.

Escape Room \$30.00/person (includes event admission)

Advance Reservations are required for the Escape Room

# Sunday, February 19, 2023

## Metis Business Expo

Date and Time: Sunday, February 19 9:30 am - 4:00 pm

Address: North Simcoe Sports and Rec Centre; 527 Len Self BLVD in Midland

Calling all Métis businesses and the general public: Join us for our region's first-ever Métis Business Expo! Ne twork with other business owners and find the supports needed to get a new Métis business off the ground. Not Métis? You are invited to discover the diversity of products and services our region has to offer! Free admissio n to the public, door prizes (inlcuding 4 grand-prize draws of a TV!) and a children's activity centre!

## **Mid-Winter Social: Experience Winter**

Date and Time: Sunday, February 19 11:00 am - 4:00 pm

Address: 93 Jury Drive, Penetanguishene, ON

About the Mid-Winter Social

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Good to Know:

- Service animals only will be permitted at this special event
- The event will run in most types of weather (sun, rain, snow, ice)
- -The event will take part almost entirely outdoors, please dress for conditions

#### MORE INFORMATION

General Admission \$8.00/person Kids 5 and under are free.

Escape Room \$30.00/person (includes event admission)

Advance Reservations are required for the Escape Room

## Monday, February 20, 2023

#### **Mid-Winter Social: Experience Winter**

Date and Time: Monday, February 20 11:00 am - 4:00 pm

Address: 93 Jury Drive, Penetanguishene, ON

About the Mid-Winter Social

Discovery Harbour kicks off their 50th anniversary celebrations by welcoming visitors to the historic site in tan

dem with the Town of Penetanguishene at their 75th Annual Winterama on February 18-20, 2023 from 11:00 a .m. – 4:00 p.m. daily. Last Admission at 3pm

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- Strap on snowshoes and stomp along the snowshoeing track\*
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- Explore historic Keating House and sample apple cider & shortbread cookies
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- -The event will take part almost entirely outdoors, please dress for conditions

#### MORE INFORMATION

General Admission \$8.00/person Kids 5 and under are free.

Escape Room \$30.00/person (includes event admission)

Advance Reservations are required for the Escape Room

# Tuesday, February 21, 2023

## Sistema Huronia Music Academy Annual General Meeting (AGM)

Date and Time: Tuesday, February 21 7:00 pm - 8:00 pm

Address: Online via Zoom

If you would like to attend the Sistema Huronia Music Academy Annual General Meeting (AGM) to be held on : Tuesday, February 21, 2023 at 7 P.M., please email us at <u>sistemahuronia@hotmail.com</u>. To view the agenda, please go to our website: https://www.sistemahuronia.com

https://calendar.penetanguishene.ca